



# CAPITOL LUNCHROOM MENU

<http://www.state.nd.us/fac/>

## MONDAY, OCTOBER 23

<b>GRILL</b>	SWISS MUSHROOM BURGER WITH CHIPS @ \$2.75 .....WITH FRIES	\$3.75
<b>LOWFAT</b>	CHEF SALAD	\$3.97
<b>FEATURE</b>	PORK CHOP WITH POTATOES, STUFFING, VEG. & ROLL	\$5.51
<b>FEATURE</b>	ENCHILADA CASSEROLE WITH VEG. & BREADSTICK	\$4.90

## TUESDAY, OCTOBER 24

<b>GRILL</b>	SLOPPY DOG WITH CHIPS	\$3.25
<b>LOWFAT</b>	½ ROAST BEEF SANDWICH WITH SALAD	\$2.95
<b>FEATURE</b>	LASAGNA WITH SALAD & BREADSTICK	\$5.51
<b>FEATURE</b>	TATER TOT HOTDISH WITH VEG. AND ROLL	\$4.90
<b>FEATURE</b>	BAKED POTATO WITH BUTTERBLEND & SOUR CREAM (EXTRA TOPPINGS AVAILABLE: (Cheese, Bacon, Fat Free Ranch, Fat Free Sour Cream-.25 each)	\$1.75

## WEDNESDAY, OCTOBER 25

<b>GRILL</b>	TACO IN A BAG	\$3.75
<b>LOWFAT</b>	CHICKEN SALAD WRAP	\$2.95
<b>FEATURE</b>	SWEET N SOUR PORK ON RICE , & BREADSTICK	\$5.51

## THURSDAY, OCTOBER 26

<b>GRILL</b>	BREADED, FRIED CHICKEN SANDWICH WITH CHIPS \$3.10 ..... WITH FRIES	\$4.10
<b>LOWFAT</b>	TUNA SALAD SUB	\$2.95
<b>FEATURE</b>	BEEF N BEAN BURITTO ON LETTUCE A SIDE SAUCE	\$5.14
<b>FEATURE</b>	SCALLOPED POTATOES WITH VEG. & ROLL	\$4.90
<b>FEATURE</b>	BAKED POTATO WITH CHILI FIXINS (EXTRA TOPPINGS AVAILABLE: (Cheese, Bacon, Fat Free Ranch, Fat Free Sour Cream-.25 each)	\$3.25

## FRIDAY, OCTOBER 27

<b>GRILL</b>	DAKOTA CLUB WITH CHIPS \$3.10 WITH POTATO SALAD	\$3.75
<b>LOWFAT</b>	CHICKEN WILDRICE CASSEROLE WITH VEG. & ROLL	\$4.90
<b>FEATURE</b>	HAMBURGER CHOW MEIN HOTDISH WITH VEG. AND ROLL	\$4.90

## DAILY SPECIALS

**FRENCH FRIES ARE \$1.40 OR \$1.00 WITH A SANDWICH**

*** GRILLED CHICKEN ***	\$2.95
HOT BEEF SANDWICH	\$4.90
ROAST BEEF DINNER	\$5.14
SALAD BAR	\$1.90
CHILI CUP \$1.50 BOWL	\$2.50
SOUP CUP \$1.45 BOWL	\$2.29

**CAFETERIA HOURS: 7:00 A.M. TO 4:30 P.M.**  
BREAKFAST: 7:00 - 10:30 LUNCH: 10:30 - 1:30

